Stella Cadente

Peppered Chicken with Navarro Verjus

Posted by Administrator on March 19, 2012 in Meat, Poultry & Fish

Peppered Chicken with Navarro Verjus Serves 4

1 plump frying chicken, cut up
1/4 c. fresh rosemary, chopped
2 cloves garlic, minced
½ c. Navarro Verjus
1/3 c. Stella Cadente Extra Virgin Olive Oil
1/4 tsp. fresh ground black pepper
1/2 tsp. salt

Toss chicken pieces in bowl with all ingredients. Refrigerate for at least two hours, tossing occasionally. Grill over medium to low coals, painting with reserved marinade, until skin is golden and chicken is done (pierce thigh with knife to see if juices are clear and not pink). This is a wonderful summer/fall dish, perfect with grilled new potatoes on skewers painted with the same marinade. To finish the spuds, sprinkle with fresh grated parmesan or asiago cheese before serving.

Recipe courtesy of Navarro Vineyards, Anderson Valley, Mendocino County 707-895-3686

Stella Cadente Olive Oil P.O. Box 37
Palermo California 95968
Tel:800-305-1288
Fax:707-961-6001
stella cadente@pacific.net

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